

## Delray Forum

Wednesday, September 23, 2015

Vol. 41 No. 35

WWW.SUNSENTINEL.COM/DELRAYBEACH

CITY APPROVES BUDGET

STUDENT'S BONE MARROW DRIVE 11 OPEN MIC TALENT SHOWCASE

#### **PLEIN AIR PAINTERS**



ARTIST AT WORK Lorrie Turner, of Delray, uses pastels to paint. Turner was one of about 20 artists from Plein Air Painters of Palm Beach County who painted historical homes and buildings along Swinton Avenue. staff Photo/Janeris Marte

■ SEE MORE PHOTOS ON PAGE 13

## Online tool lists best plants for your ZIP code

HELEN WOLT HWOLT@TRIBPUB.COM

Native landscaping can be as simple as planting a single shrub or as involved as re-creating an indigenous habitat. Small or large scale, the benefits reach beyond a city yard.

Native landscaping strengthens the greater South Florida ecosystem by providing food and shelter for birds and butterflies. In the face of rising sea levels and climate change, natives boost migration outcomes for wildlife while reducing demands on natural re-

"Native species are adapted to the precise climate, soils and other growing conditions

unique to a given area," said George Gann, chief

continues

## City to refine rules after sidewalk fees mishap

MARISA GOTTESMAN SUN SENTINEL

Fifteen property owners paid the city of Delray Beach thousands of dollars, expecting the money would go toward a fund that would allow the city to build a sidewalk where it is needed most.

Those residents paid the money in exchange for the city agreeing to let them keep their property without a sidewalk.

But there was a problem: Delray city commissioners couldn't actually use the money to pay for sidewalks anywhere in the city. Commissioners recently took initial steps to change the city's rules so they can collect money and use it to build sidewalks anywhere in the

"The original intent of this fee is a public benefit to extend sidewalks

throughout the community," said City Manager Don Cooper.

Currently, the city's rules state that a property owner can pay a fee as a way to avoid installing a sidewalk in an area where sidewalks don't exist. The city collects the money and stows it away for a time when the city might want the sidewalk to be built.

The fee that property owners are charged totals the cost of a sidewalk, typically ranging from \$3,000 to \$6,000.

Commissioners first discussed changing the rules to allow the money collected to fund citywide pedestrian- and bikefriendly projects in September 2014. A memo from a February commission meeting states city

staff would bring forward a rule change.

But the rule never was altered, even though commissioners were under the impression it was.

Commissioners still are deciding what to do with the money the city already collected from the 15 property owners. Cooper said not all of about \$60,000 owed to the city has been collected. and it will be up to commissioners to decide what to do with the money it has collected.

Some options include refunding the money; keeping the money for a time when the city wants the sidewalk installed; or asking the property own-

ersifthev are OK with the money being used

continues on 22





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#### THEFT - AUTO PARTS

Between Aug. 24 and 8 a.m. Aug. 25 1000 block of Dotterel Road

Someone took the battery out of a car in a parking lot and replaced it with a dead battery.

#### **PETIT THEFT**

Aug. 25, 9:58 p.m. 200 block of Southeast **Second Street** Someone stole a six-pack of beer from a store.

#### **SUSPICIOUS INCIDENT**

Aug. 25, between 9 and 9:30 a.m.

#### 600 block of Renaissance Way

A man tried to steal packages from the mail area of a condominium, but was chased away by two peo-

#### **GRAND THEFT AUTO**

Aug. 25, 1:27 p.m. 1500 block of Augusta Circle

Someone stole a car using a spare key that had been stolen from another vehicle nearby earlier in the evening.

#### **CRIMINAL MISCHIEF**

Aug. 25, 10:56 a.m. 1400 block of North Federal Highway

Following a road rage incident, a man got off his motorcycle and kicked the reporting car.

#### **DISTURBANCE**

Aug. 24, 10:17 p.m. First block of South

#### Ocean Boulevard

A couple was yelling at each other and making a scene in a beachfront restaurant.

#### ARMED ROBBERY

Aug. 24, 2:41 p.m. 4700 block of West Linton Boulevard

A bank robber used a handwritten note and a syringe to holdup a bank.

#### **EXPLOITATION OF** AN ELDERLY PERSON

Between Aug. 19 and Aug.

#### 900 block of Dogwood Drive

The Department of Children and Families received allegations that a 77-year-old man was coerced into financial transactions.

#### **AGGRAVATED BATTERY**

Aug. 24, 8:30 a.m.

### **CRIME STOPPERS** OF PALM BEACH COUNTY



Wanted as of: Sept. 17 Name: James Greggs **Date of birth:** Dec. 27, 1960

Description: 6'2", 250 pounds, brown hair, hazel eyes **Identifying marks:** tattoos on both arms Last known address: Royal Manor Boulevard,

**Boynton Beach** 

Occupation: construction

Felony: battery

To leave an anonymous tip: 800-458-TIPS (8477), crimestopperspbc.com

First block of Northwest

**Eighth Avenue** An unknown person hit a man in the head with a chair for no reason.

#### HARASSING PHONE **CALLS**

Aug. 23, 1:49 p.m. 2800 block of Duke Lane Calls threatening to damage a woman's property

were made over debt she owed.

#### **DEFRAUD INNKEEPER**

Aug. 22, 4:48 p.m. First block of Southeast Second Avenue

At a high-end restaurant, a woman was not happy with her bill and tried to leave without paying for

anything.

#### **DOMESTIC TROUBLE**

Aug. 22, between 10 and 10:27 p.m.

4800 block of Northwest Sixth Court

A man is not able to discipline his 18-year-old son and wants him to move out.

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## No changes to fire rescue services, Delray advises residents

Delray Beach wants residents to know no changes have been made to the city's fire rescue services.

The city posted a memo on its website stating that some residents are receiving pre-recorded telephone messages that the city's fire and

emergency equipment and services could be transferred to Palm Beach County.

City officials have not made a decision to switch the service to the county.

The recording states that certain Delray commissioners want to transfer the city fire department and ambulance rescue services to the county.

The message, which urges residents to call City Hall and tell the mayor and commissioners to oppose the transfer of services from the city to the county, states it was paid for by "Citizens for a Safe Delrav."

The robocall also says the city's jobs and equipment would belong to the county and city residents would receive a new fire rescue service tax from the county.

It calls the deal "good for them," referring to the county, and "bad for us" meaning the residents.

Delray Fire Rescue Capt. Kevin Saxton said the robocall was not initiated by the Fire Rescue Department or the union.

Also, Palm Beach County Fire Capt. Albert Borroto said he hasn't heard of the calls and doesn't know who is behind them.

If the city were to switch services, the decision would ultimately be up to Delray Beach commissioners to approve.

For more information, contact the city at 561-243-7190.

#### **FALL FESTIVAL SELLS OUT**

In a record-breaking 13 days, tickets to the Morikami Museum and Japanese Garden's Lantern Festival are sold out. The event on Oct. 17 is inspired by Japan's traditional three-day Obon holiday honoring ancestors includes an evening lantern floating cere-

#### mony. **HIGH SCHOOL POETRY CONTEST**

The Palm Beach Poetry Festival brings back its annual Palm Beach County High School Poetry Contest with the Delray Beach Center for the Arts. Between Oct. 1 and Dec. 1, any public or private high school student in the

county can submit one original poem up to 30 lines long.

The winner will receive \$100, and four runners-up will each receive \$25. In addition, all five winners will receive tickets to the Coffeehouse Performance and a one-year subscription to Poets & Writers. The winning poems

will be read at the festival's award ceremony on Jan. 18, 2016.

For contest rules, visit PalmBeachPoetryFestival.org.

#### **GIRLS' NIGHT OUT FUNDRAISER**

Benefit the Achievement Centers for Children and Families during the fourth annual Indulgence

on Thursday in the Vintage Gym at Old School Square. Doors open for VIPs at 6 p.m. with a champagne reception followed by wine and hors d'oeuvres for all from 7 to 9 p.m.

Tickets are \$100 for VIP access and \$75 for general admission, with all funds benefiting ACCF, a

community-based social service organization. It has a 45-year history providing childcare and after-school programs to almost 1,000 economically disadvantaged children and their families.

For tickets call Emma-Jane Ramsey at 561-266-0003 or visit DelrayIndulgence.com.

Prepared By The Marketing Department

#### 7 Deadly Mistakes That Will Cost You **Thousands When You Sell Your Home**

Palm Beach County - A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter

is that fully three quarters of home sellers don't get what they want for their homes and become disillusioned and worse - financially disadvantaged when they put their homes on the market. As this report uncovers, most home sellers make 7 deadly mistakes that cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable. In answer to this issue,

industry insiders have prepared a free special report entitled "The 9 Step System to Get Your Home Sold Fast and For Top Dollar".

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## Delray Beach approves budget, property tax rate

week approved residents' property tax rate and the city budget, which kicks in Oct. 1.

Residents will be charged \$7.33 per \$1,000 of assessed property value, meaning the owner of a \$250,000 home with a \$50,000 homestead exemption can expect to pay about \$1,466 in city property taxes.

Those who own properties downtown will see an extra tax of \$1 per \$1,000 of assessed property value

toward funding Delray's Downtown Development Authority, a special taxing authority, which is responsible for attracting people to spend their money downtown.

The city's budget will total about \$165 million. Of the total, about \$114 million makes up the city's general fund, which keeps the city running.

"I like what I see this year," Commissioner Al Jacquet said of the budget. "We are talking about the

Commissioners last on their bill. The tax goes real reasons why we tax Hall. and what we are doing with the money."

City Manager Don Cooper said the city will dip into about \$3.5 million of reserves to balance the budget.

Cooper said the budget reflects goals that commissioners set out to achieve. Some of those goals include increasing code enforcement officers, spending more on the city's Clean and Safe team, and updating outdated technology at City

Other big-ticket items include hiring 31 city employees, giving union employees a 4 percent raise and planning salary increases for police officers and firefighters.

Several Delray nonprofits will receive \$1.9 million from the city; its Community Redevelopment Agency will receive about \$8.8 million from the city's budget.

The city's expenses on nonprofits and how much the city pays to the re-

development agency have raised concerns for commissioners because the amount the city spends on both has increased year over year.

Commissioners approved the expenses for both items, but agreed both will have to be looked at closely before the next budget cycle.

Another sticking point for Commissioner Shelly Petrolia was a part of the budget that would allow Cooper to have a \$2 million one-time contingency

fund.

"I am not so sure my manager has earned his stripes to have \$2 million of my money to use at his will this year," Petrolia said.

She said she is concerned that he doesn't necessarily know how he will spend the money. He said he already has several pending requests from various city departments.

Before Cooper spends any of the money, he will have to go before commissioners for approval.









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#### **Palm Beach Gardens**

9121 N Military Trail, Suite 111 Palm Beach Gardens, Florida 33410

#### West Palm Beach/Okeechobee

5849 Okeechobee Boulevard, #301 West Palm Beach, Florida 33417

#### West Palm Beach/Dixie

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#### West Palm Beach/Congress

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#### **EDITORIAL**

#### **EDITOR**

Kari Barnett 561-228-5560 kabarnett@tribpub.com

REPORTER

Helen Wolt

hwolt@tribpub.com 954-621-5000

PHOTO DIRECTOR

**Beth Black** 

beblack@tribpub.com 954-574-5327

**SPORTS EDITOR** 

Alyssa Cutter

acutter@tribpub.com 954-574-5392

#### **ADVERTISING**

**SALES MANAGER** 

Mickie Carusos mcarusos@tribpub.com 954-574-5329

**ADVERTISING CONSULTANTS** 

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#### **CONTACT**

News Fax 954-429-1207 **Advertising** 561-791-7790 Fax 954-572-2055 **Coupon Book** 954-385-7650 Home Delivery 855-410-5624 **General** 954-698-6397

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## **OPINIONS & VIEWS**

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Please send your comments to:

Pam Doto, Vice President/Editorial 6501 Nob Hill Road

Tamarac, FL 33321 pdoto@tribpub.com

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All letters to the editor should be sent to: **Delray Forum** 

6501 Nob Hill Road Tamarac, FL 33321

E-mail: kabarnett@tribpub.com

#### Corrections

In the story, "Owner dishes on life with an Australian Shepherd" (Delray Forum, Sept. 9, 2015, page 10), the photo should have been credited as submitted.

## Community service begins at home

ou kids these days have it too easy!" As a child, we recall our parents reminding us that others don't have it as good as we do.

As adults, those words have a much deeper meaning. It's a call to action that we should instill in our own children.

Recently, two sisters who reside in Miami had the opportunity to give back to seniors who had their childhoods and their families taken from them. Holocaust survivors, both centenarians, were the recipients of smiles and goodies just prior to the Jewish New Year from these young women, who received in return a valuable lesson in reality.

One sister commented, "I was really happy to be able to give them that happiness for the day."

These siblings are learning that it is better to give than to receive. Those are core values that lead to a lifelong commitment to community service.

Serving the community teaches responsibility for others. With so many in the public eye being deceitful these days, now is the time for parents to step up and show their children that their actions can affect the world in a positive way.

To make it happen, it takes more than words. Parents need to provide the experience of volunteering. Pick a day and dedicate it as the date you and your family will

engage in a charitable project together. From there, youngsters can take this experience and grow it into volunteerism of their own.

Contact area organizations and inquire if children are allowed to participate in service opportunities. Also, make sure the activity is age-appropriate and involves a little fun. That could include walking dogs at an animal shelter, or creating gift packages to be delivered to families in need or homesick soldiers stationed overseas.

Churches and synagogues often plan charitable activities that involve people of all ages, including toy, food and clothing drives. Some houses of worship even work together on such projects.

For more than 30 years, Congregation B'nai Israel and Ebenezer Missionary Baptist Church, both in Boca Raton, have united to serve Thanksgiving dinner to 5,000 hungry people.

Projects such as these give children hands-on experiences that what we often take for granted and mean so much more to someone in need.

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BEACH FORUM Wednesday, September 23, 2015

WORK

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## FAST FACTS

- Ralph Papa has been married to Theresa Papa for 51 years. They have three children and six grandchildren.
- He teaches private lessons at his downtown Delray studio and at Delray Beach Center for the
- Papa recently spent eight weeks painting in Italy and France, including rural areas where Van Gogh worked.
- Some of his works are exhibited in "Made in Delray," currently at the Cultural Council in Lake Worth.

Papa calls himself an "artist activist." What makes him successful promoting artists?



He's generous, he's charismatic and there's no ego in it. He's out there for all of the artists to find success and enrich their lives and everybody's life with art. It's not a self-promotion but a promotion of art and all artists together.



He's like the Piped Piper of art. We all follow his lead. His energy is incredible. We're lucky to have Ralph Papa. He always gets us in the right direction. He has a tremendous feel for not only studio painting but for plein air painting also. He's a very talented man.

## ON THE SPOT

What type of work do you paint?

I paint predominantly in oil, but also in water color and acrylic. I've been painting my whole life. I've always had a knack for it and a love for it. Until the early 1980s, I did studio work. When some artists introduced me to plein air painting I found a love for that; we painted by the ocean in the Hamptons and the Hudson River Valley. Since I grew up in Manhattan, I can appreciate the solitude and beauty of

#### How did Plein Air Palm Beach get started?

Donna Walsh and I co-founded the group about five years ago. We both had websites and combined them into a joint effort. We are on PleinAirPalm-Beach.com and Meetup.com/Palm-BeachArtists. We have 400 members now. About six months ago we became a nonprofit. I haveneverseen such a positive, wonderful group of people.

How does the group foster Plein Air painting?

We want to reach those with all levels of painting experience and get them to come outside. Painting outside can be intimidating when you're alone, but in a group it's fun. And it's a good way to learn about the most beautiful places in the county from Jupiter to Boca Raton.

What are the group's latest projects?

We are teaming up with the Delray Beach Historical Society. We share such a strong commonality for historical things artists are interested in history, culture and

art. We're painting historic locations in Delray. The artworks will be part of the society's "Nostalgic Delray" display in No-

What are the Plein Air artists paint-

We've already done the Sundy House, the old train station and many turn-of-thecentury homes. Also, I encourage homeowners to get involved. Many of our members are good at home portraits. Homeowners can look at an artist's work in albums on our website and maybe commission a work.

#### What's next for Plein Air Palm Beach?

Plein air is really taking off. In January, the Cornell Museum is putting on a plein air exhibit. Also, our annual Everglades Day at the Loxahatchee Wildlife Refuge draws about 5,000 people to an open house and sale. In the future, we hope to paint the Old Floresta historic homes in Boca Raton.



## The fist bump revolution

hile we adults are busyteaching our children all we know about survival

and finding success in a complicated world, our kids have plenty to teach us, as well. You probably know this is true if you've ever consulted a youngster for help with your

new computer, cell phone, tablet, or even that new appliance, with pages of intimidatingly incomprehensible set-up directions. An effortless understanding of today's technology seems to be in the DNA of the young ... while those of us who are no longer young fight off the urge to take a baseball bat to mean-spirited computers

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and other alleged technological advances. So, it's in this spirit of being open to that which comes from the

realm of the

young that I am here to advocate for the end of the handshakeand the introduction of the fist

bump.

Let's face it: the world is one very unhealthy place. Germs. We can't see them. but they're there. Just ask those Native Americans who were given small pox infected blankets by those friendly colonists.

Researchers, it seems, have been hard at work measuring the amount of germs we pass on to each

other when we high-five, shake hands and fist bump. The fist bump, immortalized by Michelle and President Öbama after his first inauguration speech, turns out to be the safest way to make contact. Is that why our kids have been doing it? No matter. Scientists have run experiments covering their gloved hands with E. coli virus, and then executing the various methods of greeting. Their findings: high doses of bugs were passed during a handshake, but that amount was reduced by more than half when a high-five was employed instead. Then, even more hygienic was the fist bump, which further reduced the amount of germs being passed on.

Of course, none of this

was news to the World Health Organization, which has advocated the use of an "elbow bump" as a germ-free greeting since 2006. Then, some academics must have been watching their kids, when the fist bump was suggested as an antidote to the H1N1 "swine flu" epidemic in 2009. Since then, researchers from Aberystywth University have confirmed that a fist bump greeting reduces the spread of germs by a whopping 90 percent, making it the cleanest greeting yet. (Right now, in Africa, the "Ebola elbow" greeting has been proposed – which may seem odd when considering that the World Health Organization has been advocating coughing into those elbows for the

last five years. (Perhaps, we're to cough into the left elbow while "greeting" with the right?)

I wonder how the good folks at FOX News are taking this. Remember how they relentlessly railed against the Obamas for their "terrorist fist bump"? If we assume that they read and are aware of events in the news, then can we expect a retraction of their attack on the Obamas? Will they run a story about how this gesture, adopted from the young, can lead to a healthier society, one where germs are not spread as freely as before? Will the threat of renewed Ebola in our midst have the FOX News crowd actually thanking the Obamas for modeling such comparatively risk-free

contact? Don't hold your

If we could get into our time machines and travel back hundreds of years, we might see people greeting each other by bowing, making no physical contact whatsoever. I don't think we're ready to readopt that custom. Do you? Now, the question is this: Will we see the day when a relatively hygienic fist bump greeting is the norm, exchanged between business executives, heads of state and wedding guests? Can you imagine
Pope Francis fist bumping
his way through Vatican
Square? And if this happens, we can thank our
teenagers for turning us all
on to a new, accepted and
healthier norm in society. guests? Can you imagine

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## Delay is not denial

"The Lord isn't really being slow about His promise, as some people think" (2 Peter 3:8).

aiting on God is not easy, especially when weeks turn into months and months turn into

years. People who desperately need something from God can probably relate. Just ask a single person who wants a spouse, a couple who desires children, an unemployed individ-

ual who is praying for a job, or someone who is sick and believing in God for miraculous healing.

God is not unaware of our human wants or needs. He has dealt with them for more than 2,000 years. Women like Sarah, Rebekah, Rachel and Hannah cried out to God when they could not conceive. They were barren for many years before God finally answered them, some of them bearing children at an old age. They could not credit anyone but God for their miracles, because they had tried everything to no avail.

Men like David, Joshua, Gid-

eon and Elijah asked God to give them victory before they went into battle. God did into battle. God did not provide them with weapons of mass destruction or big armies; He enlisted their faith and His divine agency to His divine agency to

help them defeat their enemies.

When it was all said and done, God was the only one deserving of all the glory.

The biblical accounts of these saints reveal that God is both consistent and unpredictable. In essence, we will never know the time or day that He will come through for us, but we can rest assured that He is faithful to keep His promises: "I am the Lord, and I do not had touched Him. Jesus said to change" (Malachi 3:6).

Throughout His ministry, Jesus responded to the needs of people, and sometimes, He did so when it was seemingly too late. There was a man named Jairus whose only daughter was dying. She was 12 years old.

When he saw Jesus walking by, Jairus fell at His feet. He pleaded for Jesus to visit his home and heal his daughter. Jesus followed Jairus while a crowd of people surrounded Him.

As they were walking, a woman who had been hemorrhaging for 12 years came up behind Jesus and touched the hem of His robe. Immediately, the bleeding stopped. Jesus turned around and asked, "Who touched me?" Everyone denied it. But Jesus replied, "Someone deliberately touched me." Finally, the woman came forward and admitted that she

her, 'Daughter, your faith has made you well. Go in peace."

While Jesus was still speaking to the woman, a messenger approached Jairus to inform him that his daughter had died. When Jesus heard this, He told Jairus, "Have faith, and she will be healed." He went to Jairus' home, where He found people weeping and wailing. He told them to stop crying, because the little girl was sleeping. The people laughed, but Jesus walked over to the little girl and shouted, "My child, wake up!" Immediately, the girl stood up (read Luke 8:40-56).

Jairus' need was not met right away, because the woman delayed Jesus' journey to his house. Jairus could have surmised that the woman's needs were more important to Jesus than his, especially after he was told that his daughter had died. But he never left Jesus' side, complained or rushed him. Even when it seemed like all hope was lost, Jesus was right there to renew his faith. He told Jairus that his daughter would be healed.

The woman had been suffering for 12 years. At some point, she may have believed her needs were not important to God. Yet, when she saw Jesus, she drew near to Him. She did not even ask Him for healing. She simply touched His robe as if to not bother Him. But still, Jesus stopped what He was doing to acknowledge her.

That is so like God to show 취 up on our behalf no matter who we are or how we approach Him. His power is not limited to a time or place, and He does not play favorites. And most important, He is always on time, even when there are "delays."

Columnist Ifonia Jean writes about everyday, local life from a Christian perspective. Email her at izizzo@tribpub.com.

HELEN WOLT HWOLT@TRIBPUB.COM

## UM student brings bone marrow drive to college campus

When the Gift of Life **Bone Marrow Foundation** launched its College Ambassador Program, Delray Beach native Christina Ocampo immediately applied.

The 21-year-old finance and marketing major admits to not knowing much about the program initially, but she was intrigued. After attending its three-day symposium last summer, she was a solid believer.

As part of the College Ambassador Program, Ocampo participated in World Marrow Donor Day on Sept. 19. The University of Miami senior recruited students on her campus to be listed on the

bone marrow registry.

"Down the road, if I get a call that I registered someone who was a match and saved someone's life, that would be the greatest feeling," Ocampo said. Bone marrow and blood stem cell transplants are for patients with leukemia, lymphoma and other bloodrelated diseases.

At the summer symposium, 105 students from all 50 states learned how to run a bone marrow drive on their campuses. The training was put on by the Boca-Raton based foundation in an effort to engage young adults between the ages of 18 to 24.

Transplants utilizing

bone marrow and blood stem cells from donors in this age category are generally the most successful.

"We're going to get the best population of potential healthy donors," Ocampo said. In general, age 45 is the limit.

Signing up for the bone marrow register is surprisingly easy. A cotton swab is all it takes.

'We have cheek swab kits. It takes 60 seconds. I instruct the person to swab the four corners of their mouth. They place the cotton swabs in the envelope and sealit," Ocampo said. The only contactinformation needed is a name and email address.

Through World Marrow Donor Day, Gift of Life also hopes to educate the public. Modern donor procedures are less invasive today for bone marrow donors and recipi-

The most common way to donate is through a non-surgical process in which blood is drawn through a needle in one arm and passed through a machine, which collects only the blood forming cells. The remaining blood is returned to the donor through a needle in the other arm.

"Eighty percent of the time, it's like giving blood," Ocampo said. "Twenty percent of the

time it's like a bone marrow procedure. If I took a couple of days to recover, it would not be comparable to saving someone's life."

Ocampo plans to run additional donor drives on her Miami campus during the school year, as soon as she gets approval.

"Hundreds of lives will be saved because of our student ambassadors and the drives they will be running during this academic year," said Jay Feinberg, Gift of Life founder. "We are so pleased to be able to kick this program off on the first ever World Marrow Donor Day."

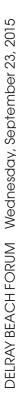


**DRIVING FORCE** Christina Ocampo, of Delray Beach, is in the Giff of Life Foundation's College Ambassador Program. SUBMITTED PHOTO

DELRAY BEACH FORUM

Wednesday, September 23, 2015







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D R





**ENJOYING A** FUN RUN Left, Gloria Safin plays a team-building game during the Recess Run, an original event that incorporates unique games into a new take on the traditional 'fun run,' except with a fitness twist, at Miller Park in Delray Beach. Right, Nigel Mann, of West Palm Beach, does some high-stepping. STAFF PHOTOS/ TODD ROLLER

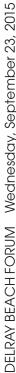






MAKING ART Above, Sheila Wolff, of Boca Raton, paints. Wolff was one of about 20 artists from Plein Air Painters of Palm Beach County who painted historical homes and buildings along Swinton Avenue. Left, Anna Laroza, of Delray, chose to paint a historical home. STAFF PHOTOS/JANERIS MARTE







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## COMING TOGETHER

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## Insurance workshops offer one-on-one assistance



**READY TO HELP** Marcia Hayden and Nicola Chung help residents navigate signing up for health care coverage. PHOTO/MORT MAZOR

Informational workshops and assistance to learn about enrolling in the Affordable Care Act process are scheduled at Palm Beach County Libraries through Dec. 17.

Workshops occurring over the next two months include: 11 a.m. to 3 p.m. Friday at Okeechobee Boulevard Branch Library, 5689 W. Okeechobee Blvd., in West Palm Beach; 2 to 6 p.m. Oct, 22 at West Boynton Branch, 9451 Jog Road, in Boynton Beach; 11 a.m. to 3 p.m. Oct. 23 at West Boca Branch, 18685 State Road 7, in Boca Raton.

The initial workshop took place recently at Hagen Ranch Road Library west of Delray Beach conducted by representatives of the Health Council of Southeast Florida, including Marcia Hayden, lead navigator/project manager, and Nicola Chung, director of Enroll Palm Beach. Another presenter was Vicki Tucci Krusel, a

Legal Aid Society attorney. The presenters gave information on how to apply for coverage and then provided one-on-one counsel to those in attend-

Here is an overview of the sign-up process: ■ To qualify you must

live in the United States,

be a U.S. citizen, national or non-citizen lawfully present in the U.S. for entire period of projected health coverage. A person cannot be currently incarcerated. Information required to provide includes: Personal identification (residence and contact information), household structure, social security number, alien registration number, citizen and immigration status, employer and income information for every member of the household who needs coverage (pay stubs, W-2), current health coverage status and American Indian/ Alaskan Native status.

- The client can select from a Florida Qualified Health Plan from any of the following companies: Cigna Healthcare, CoventryOne, Florida Blue, Health First Insurance, Humana, Molina, Sunshine Health or United Healthcare.
- A person then selects a level of health care:
- · Platinum Pays for about 90 percent of medical costs:
- · Gold Pays for about 80 percent of medical costs:
- · Silver Pays for about 70 percent of medical
- · Bronze Pays for about 60 percent of medical costs:
- Catastrophic Covers only three primary care visits a year.
- Essential health benefits provided include: Ambulatory patient services, emer-

gency services, maternity and

continues on 15

## **Kravis Center needs** volunteers for 24th season

COMING TOGETHER

In preparation for its 24th season kicking off next month, the Raymond F. Kravis Center for the Performing Arts is seeking volunteers.

"With over 400 volunteers, the Kravis Center knows that the show would not go on without the dedicated corps of people who donate their valuable time to the center," usher coordinator Karole Cooney said in a statement. "While many volunteers have been with us since opening night, we are now seeking applicants to join the ranks and become an integral part of this vibrant theater.'

Volunteer opportunities are available for ushers, tour guides, data entry, the gift shop, the education department and the administrative offices.

To become an usher, applicants must complete a training course about the center's operations, including learning about emergency evacuations, seating, show procedures and customer service.

The next volunteer orientation will be at the Kravis Center's Rinker Playhouse at 10 a.m. Sept. 24.

The upcoming season includes: "Matilda The Musical," "42nd Street," "Motown The Musical."

"Woody Allen's Bullets Over Broadway" and "The Bridges of Madison County The Musical" and an array of drama, dance and music, including a three-concert series by Michael Feinstein and a performance by Yo-Yo Ma on Jan. 15.

Download a printable volunteer application, fill it out and mail it to: Volunteer Program, Kravis Center for the Performing Arts, 701 Okeechobee Blvd., West Palm Beach, FL 33401.

The application is available online at Kravis.org under "Play a Part." Call 561-651-4294.

continued from 14

new born care, mentalhealth and sub-

stance abuse disorder services, including behavioral health treatment, prescription drugs, rehabilitative and habilitative services and devices, laboratory service, preventative and wellness services and chronic disease management, pediatric services including oral care and vision, inpatient/hospitalization.

■ You may qualify for lower premiums on a Marketplace insurance plan if your yearly income (for an individual) is between \$11,670 and \$46,680.

■ You may qualify for lower premiums and lower out-of-pocket costs for Marketplace insurance if your yearly income (for an individual)

is between \$11,670 and \$29,175.

■ KidCare: To find out if your child is eligible visit healthykids.org/ap-

There is a long list of important information about immigration statuses that qualify; important terms and definitions, out-of-pocket expenses, co-payments/coinsurance and locations of Federally Qualified Health Center Certified **Application Counselors** at enrollpbandtc.org. Visit this site for up to date information on site locations, language spoken, whether the site accepts walk-ins or appointments and hours of operation, among other information.

"The program registration should include what the purpose of your attendance is," said Iris

Sandberg, of Lake Worth. "You should have basic information with you and specific questions you need answers to. This way presenters can know in advance how to gear the presenta-

"After wandering like a lost soul on the online Health Care Insurance site, I felt as though I reached an oasis of care here today," said Marcia Ofri, of Boynton Beach. "This program was invaluable, explaining the different and confusing aspects of the Affordable Care Act. The navigators were knowledgeable and interested in offering guidance."

Call 888-780-4962 for the schedule of library workshops between now and Dec. 17.

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#### **Heart Matters Screening**

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Thursday, September 24 • 3:30pm Arman Abovyan, MD, Internal Medicine Fairfield by Marriott

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#### **Avoiding Knee Replacement: New Options for Active Patients**

Monday, September 28 • 2pm Charlton Stucken, MD, Orthopaedic Surgery Hagen Ranch Public Library | 14350 Hagen Ranch Rd., Delray Beach



#### Shoulder Pain: What You Need to Know

Wednesday, September 30 • 1pm Pedro Piza, MD, Orthopaedic Surgery

Weisman Community Center | Ruth & Norman Rales JFS 7091 W. Atlantic Ave., Delray Beach



**Hypertension** Thursday, October 1 • 10am Anjan Patel, MD, Family Medicine South County Civic Center | 16700 Jog Road, Delray Beach Light Refreshments Served



#### **Prostate Cancer Support Group**

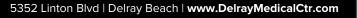
Lawrence Yore, MD and Emanuel E. Gottenger, MD, Urologists Delray Medical Center at Fair Oaks Pavilion Held first Wednesday of each month at 7pm.

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GARY CURRERI SPECIAL TO

## Delray Beach twirlers excel at international tournament

The South Florida Dynamics had plenty to be proud of from their performance at the International Cup baton twirling competition in Canada.

The Delray Beachbased squad brought home a bronze medal in its Group Division (10 to 20 twirlers) at the event in Abbotsford, British Columbia.

The Dynamics incorporated dance, gymnastics, baton aerials and exchanges in the final round.

The International Cup also featured individual events, and the Dynamics' Lindsey Finkel captured a gold medal in the three baton and the artistic twirl and a silver for pairs with her sister, Carly. Curt Burrows also won gold in the three baton while securing a silver for solo.

The Dynamics, composed of 16 athletes ages 14 to 23, qualified for this opportunity at the national competition in July 2014. Jeanne Chwalik coaches the group.

"The twirlers had the performance of their lives. It was flawless," Chwalik said. "The competitive team that attended [the International Cup] consisted of our senior members."

Chwalik, a retired educator, is assisted by Lindsey Finkel and Cheryl Wimberley.

It marked the fourth time the Dynamics have

qualified to represent the United States.

Members of the third place-clinching team, along with the Finkels and Burrows, include Julia Arciola, Courtney Cline, Olivia Edwards, Erin English, Jenai Ferguson, Peyton Jara, Grace Klein, Jacey Leonard, Claire McNamara, Chloe Malloy, Nicki Nigro, Jenni Rustan and alternate Kristine Anderson.

Chwalik said the group practiced at least four days per week during the summer.

"The twirlers and their families sacrificed social events and vacations in order to practice for the International Cup," she said.



WELL-PLACED The Delray Beach-based South Florida Dynamics recently achieved a team bronze medal and various individual awards at the prestigious International Cup Baton Twirling competition in Canada. SUBMITTED PHOTO



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## Local football officials make playing the game safe

It's football season, and there are no shortage of opportunities to play in South Florida.

The American Youth Football League offers the chance for children ages 6 to 13 to play in Coconut Creek, Tamarac, Pembroke Pines, Cooper City, Miramar, Fort Lauderdale, West Pines, Weston, Plantation, Delray and Coral Springs.

But more importantly, the AYFL, along with other local leagues like it, offers the chance for young athletes to play contact sports safely.

A recent study by Boston University looked at the brain scans of National Football League players who had begun playing tackle football before the age of 12. They found that those who began playing tackle football between the ages of 10 and 12 were more likely to struggle with cognitive functions such as planning, memory, and reasoning.

Those same players were also three times more likely to face "clinically meaningful-depression."

But the AYFL is taking steps to make sure that doesn't happen to their own players.

"All of our [referees] are background checked. We require a state background check as well as concussion training for all of our refs," said Joel Greenberg, vice president of the South Florida AYFL.

Each coach must complete and pass an online training course offered by the Center for Disease Control about how to prevent, deal with, and provide medical attention to a young person suffering a possible concussion.



HELMET SAFETY Pembroke Pines Optimist Bengals player Jeremiah McGill, right, looks for running room as his 11-under squad takes charge on its home field during AYFL opening weekend play against the Coral Springs Chargers. PHOTO/GARY CURRERI

"We would never do anything to endanger our kids, so having that proper training is vital," Greenberg said.

"A lot of our refs are police officers. They know how important that training is."

Additionally, the AYFL's concussion policy states that coaches must report any possible player concussions to the league within 72 hours of the incident.

The player is not permitted to play until medically cleared by a doctor, and any coach who knowingly plays someone who has not been cleared is subject to game suspen-

The AYFL recently came under criticism from Martin Landin, a member of the Broward County Football Officials, earlier in the season when Landin claimed that the AYFL's new officiating group, the Chester Smith Jr. Officials Association, were hiring referees who did not meet the AYFL's standards.

The bylaws state that all referees must be screened before officiating any games.

"I'm confident that many of the officials used did not go through a background check," Landin said previously.

But Greenberg said the accusation is nothing more than "sour grapes."

"Unfortunately this is a case of sour grapes on their part," Greenberg

"Chester Smith's organization provided the AYFL with a sworn affidavit that all of their referees that will be working AYFL games have been screened in compliance

with the background screening requirements as set forth under Florida law."

Greenberg's statements were backed up by two of the men in leadership positions with the Chester Smith organiza-

Chester Smith said all of the officials in his organization are required to have level two background checks.

"I have officials who get them through the high school association, law enforcement, or the city of Miami Gardens," he said.

Robert Smith, who works for the city of Miami Gardens, confirmed this and said that the background checks go back 10 years. They use the person's fingerprint to check against a national database of arrests, warrants, and past crimes.

"About 45 [officials] 📱 have already come and gotten background checked," said Robert Smith.

"You cannot have any violent felonies. The crime will come up even if you have had it expunged = [from your record.]'

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### CALENDAR

#### Wednesday 23

#### Alzheimer's and Dementia Caregiver Support Group

First, third and fifth Wednesdays of every month. 2-4 p.m. Seacrest Presbyterian Church, 2703 N. Seacrest Blvd., Delray Beach. 561-330-3541. Visit alzcare.org.

#### **Belly Dancing**

Non-impact, weight bearing exercise that improves flexibility, burns fat, reduces stress and increases joint flexibility. 1-2 p.m. Wednesdays at Veterans Park, 802 NE First St., Delray Beach. Taught by Dawn Rhys. 561-243-7350. \$10 residents; \$11 nonresidents.

Bingo at Temple Sinai Bingo every Wednesday beginning at 6 p.m., at the Temple Sinai, 2475 W. Atlantic Ave., Delray Beach. Up to \$2,500 prize money weekly. 561-276-6161. Free admission.

#### **Caregiver Support** Group

Group meets 9:30-11 a.m. weekly Wednesdays at Volen Center, 850 N. Congress Ave., Delray Beach. Registration required. 561-395-8920. Free.

#### **Chess for Adults**

Practice your strategy skills with other players at 1:30 p.m. the first and third Wednesday of the month (except on a holiday) at Hagen Ranch Road Branch Library, 14350 Hagen Ranch Road, Delray Beach. 561-894-7500.

#### **Duplicate Bridge** Wednesdays

Meets weekly 6:15-9:30 p.m. Wednesdays at the Shirley and Barton Weisman Delray Community Center-Ruth and Norman Rales Jewish Family Services, 7901 W. Atlantic Ave., Delray Beach. Singles and doubles. 561-558-2100. Free

#### **Knit & Crochet with Project Linus**

Knit and crochet with others on Wednesdays at 10:30 residents. a.m. at the Hagen Ranch

Road Branch Library, 14350 Hagen Ranch Road, Delray Beach. 561-894-7500. Free.

#### **Lawn Bowling**

For adults on Wednesdays from 9-11 a.m. at Veterans Park, 802 NE First St., Delray Beach. Great sport that takes skill and practice. Call for tournament information. Free lessons available by appointment. Call 561-243-7350. \$40 residents; \$45 non-residents annually.

#### Socrates Café

Weekly discussion group facilitated by Claire Drattell and Don Clare (or rotating facilitators). 11:30 a.m. each Wednesday at the Delray Beach Public Library, 100 W. Atlantic Ave.. Delray Beach. 561-266-0798. Free.

#### **Temple Sinai Bingo** Night

Every Wednesday at 6 p.m. As much as \$2,500 in prize money given out weekly. Temple Sinai, 2475 W. Atlantic Ave., Delray Beach. 561-276-6161.

#### Yoga

Takes place on Wednesdays from 9-10:30 a.m. under the instruction of Colleen Edwards. Yoga postures help strengthen muscles that provide support and improves posture and balance. For adults. Veterans Park, 802 NE First St., Delray Beach. Call 561-243-7350. \$10 residents; \$15 nonresidents.

#### **Thursday 24**

#### Acrylics

Takes place on Thursdays from noon-3 p.m. Nellie Blitzstein teaches techniques to beginners and advanced painters. Veterans Park, 802 NE First St., Delray Beach. Call 561-243-7350 for a list of supplies needed. \$10 residents; \$12 non-

#### Artists Alley Open Stu-

Warehouse arts in the Pineapple Grove Arts District between Northeast Third and Fourth streets, east of Third Avenue and west of the railroad tracks in Delray Beach. All the studios and galleries in the Artists Alley are open every third Thursday from 6-9 p.m. Visit artistsalleydelray .com.

#### **Empowerment Zone**

Patrons receive help with job searches, resume writing and access to E-Government services. Open from 1-4:30 p.m. on Thursdays at Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. Creole-speaking volunteer on site on Saturday. 561-266-0194. Free.

#### Senior Bridge

Thursdays from 1-4 p.m. at Veterans Park, 802 NE First St., Delray Beach. Experienced players welcome, partners not required. 561-243-7350. \$15/year plus \$1 per game for residents; \$20 a year plus \$2 a game for nonresidents. Guests play for \$2 per game.

#### Stories & Scissors

Childrens' program takes place at 10 a.m. Thursdays at the Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. For children 4 years of age and older. 561-266-9490. Free. Thursday Fun Raiser

#### The annual series of fundraisers continues to benefit local nonprofit organizations. The food

at this Key West-style fun raiser will be from Papa Tapas in Delray Beach and will benefit Plumosa School of the Arts. For information, visit edline.net/pages/Plumosa Elementary School. Presented by Crane's Beach House Boutique Hotel & Luxury Villas.

Yoga Classes

#### Takes place every Thursday from 12:15 to 1:15 p.m., with instructor Charlene Wilkinson, in

the Mary Kupferle Fellowship Hall, Unity of Delray Beach, 101 NW 22nd St. 561-276-5796. Free.

#### Zumba Gold

Combines Latin-inspired dance music and includes Salsa, Flamenco and Merengue to improve health, balance, memory and posture. Takes place 9:30-10:30 a.m. Thursdays at Veterans Park, 802 NE First St., Delray Beach. Instructor is Ellyn Jonas. Call 561-243-7350. \$5 residents; \$6 nonresidents.

#### Friday 25

#### **Arts Garage**

Blues vocalist Lauren Mitchell performs at 8 p.m. on Friday at the Arts Garage, 180 NE First St., Delray Beach. \$25 general admission; \$30 reserved seat; \$35 premium seating and \$162 and \$189 for premium and reserved tables. 561-450-6357.

#### Balkan by the Beach **International Folk Dance**

For all ages, 1-3 p.m. Fridays at Veterans Park, 802 NE First St., Delray Beach. Combines benefit of exercise with pleasure of dancing. 561-243-7350. \$5 residents; \$6 non residents per class.

#### Boston's On the Beach The Samantha Russell Band plays at 9 p.m. Friday at Boston's On the Beach, 40 S. Ocean Blvd.

(A1A), Delray Beach. 561-278-3364 or visit BostonsontheBeach.com. Cover \$5-\$10.

#### **Caregiver Resources** and Respite

Comprehensive program of support for caregivers of loved ones with memory loss. Weisman Delray Community Center, 7091 W. Atlantic Ave., Delray

Beach. Workshops, lowcost respite care, a cafe, support group and information. Advance registration required. 561-558-2542. Presented by Ruth & Norman Rales Jewish Family Services. Email Naomi Shapiro at naomis@ralesjfs.org.

#### **Cason Cottage Museum Guided Tour**

Tour the historical former home of Rev. and Mrs. J.R. Cason. Tours last 30 minutes and are available 11 a.m.-3 p.m. Thursday, Friday and Saturday. Group tours arranged by appointment. Cason Cottage Museum, 5 NE First St., Delray Beach. 561-274-9578, or visit delraybeachhistory.com. \$4.

#### **Chess Club**

Join others enthusiasts for a challenging game. All levels welcome. Fridays from noon to 4 p.m. at Veterans Park, 802 NE First St., Delray Beach. For adults. Call 561-243-7350. \$20 residents; \$25 non-residents. **Historic Trolley Tours** 

A 45-minute tour on Fridays 3-4 p.m. and Saturdays 11:30 a.m.-12:30 p.m. Journey through the Clematis District's development and distinctive architectural styles from the early 1900s, the real estate boom of the 1920s and the revitalization of the present day. Reservations Required. Tour departs from Richard & Pat Johnson History Museum, 300 N. Dixie Highwav. 561-833-8873. \$5. Children under 10 free.

#### **Lawn Bowling**

For adults, 9-11 a.m. Wednesdays at Veterans Park, 802 NE First St., Delray Beach. Great sport that takes skill and practice. Call for tournament information. Free lessons available by appointment. 561-243-7350. \$40 residents; \$45 nonresidents annually. Made in Delray Beach

This exhibit, on display through Saturday, Oct. 31, and features the works of 17 local artists. Cultural Council of Palm Beach County, 601 Lake Ave., Lake Worth. The artists capture the beauty of their hometown and express unique talents as artists and sculptors. Preview party is 5:30-7:30 p.m. Sept. 10. To reserve a ticket, call 561-472-3341 or email dcalabria@ palmbeachculture.com. To contact the Council, call 561-471-2901.Free to members and \$20 for non-members.

#### **Pickleball**

The combination of badminton, tennis, racquetball and table tennis is played 9-11:30 a.m. Monday through Friday; 6-8:30 p.m. Fridays and 1-4 p.m. Sundays. 101 NW Second St. at 11th Ave., Delray Beach. Wear tennis sneakers. 561-243-7356. \$2.

#### Putting the Devil to **Flight**

Music of Schutz, Handel and Praetorius with Counter-Tenor Rob Crowe with Il Furioso on period instruments at St. Paul's Episcopal Church on Friday at 3 p.m. 188 S. Swinton Ave., Delray Beach. \$15 requested donation; \$20 preferred seating; \$5 students. Online purchase option is music.stpaulsdelray.org or by calling 561-276-454Î.

#### Zumba Gold

Combines Latin-inspired dance music and includes Salsa, Flamenco and Merengue to improve health, balance, memory and posture. Takes place 9:30-10:30 a.m. Thursdays at Veterans Park, 802 NE 1st St., Delray Beach. Instructor is Ellyn Jonas. 561-243-7350. \$5 residents; \$6 non-residents.

#### **Saturday** 26

continues on 22

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## TAKE 2

HELEN WOLT HWOLT@TRIBPUB.COM

## Arts Garage launches open mic talent showcase

rts Garage mixes music, comedy, spoken word, dance and live art in its new open mic talent showcase. Dubbed Alchemy, every other Tuesday emcee Ian Caven will whip up a bit of magic.

"Ît's an all-arts access showcase," he said. "Like any other open mic, all are welcome. It will take the shape of the community. It's a blank slate. We have a road map, but plan on taking plenty of detours and side streets."

As each night's lineup takes shape, Caven will curate a harmonious show from whatever blend of poets, rappers, singers and comedians are in the house.

"It's a bit of a variety show," he said. "These elements come together and you create something new that people didn't expect. The moniker Alchemy derives from creating something totally new and universal."

The British-born Caven knows how to conjure a performance. He brings 20 years of experience in the arts, starting with his Atlanta days at the Funk Jazz Café. Most recently, he's led the open mic series, Lyrics Lab, at Bailey Contemporary Arts in Pompano Beach.

Caven is a partner with Drew Tucker in the band Plaid Blazer, and he's putting a two- or threepiece band on Alchemy's stage. It offers a unique spin. Artists can choose musical accompaniment, whether it's rap, hip-hop or classic pop.

"It gives the acts more tools to express themselves," Caven said. "We



**FREESTYLIN'** Ian Caven, emcee of Alchemy, at the mic. SUBMITTED PHOTO

have musicians that can But the black box theater play just about any song by ear."

Live art is another unique addition to Alchemy. At 8 p.m. painters will tackle a blank canvas near the stage. By the end of the evening, they'll present a finished piece.

Caven hopes the mixture spurs support for the arts community. Performance artists gain exposure and gigs. Visual artists generate sales.

"It's such a cool concept," said Alyona Ushe, CEO and president of Creative City Collaborative. which manages Arts Garage. "Ian is a great visionary with a passion for the arts and working with emerging artists."

Alchemy took shape as Arts Garage expanded over the summer with its move into the former Puppetry Arts Center's space. Remodeling is ongoing.

that anchors Alchemy is in place.

Ît has a "natural, welcoming feel," Ushe said, and serves as a combination gallery and performing space.

Caven sees Arts Garage's reputation for providing quality entertainment, while staying on a grassroots level, as the perfect base for Delray's open mic.

"It came about out of necessity," Caven said. "In Delray and a lot of inner city areas, there is a lot of talent, and they're looking to get that talent out."

Alchemy is in the Arts Garage at 180 NE First St., Delray Beach. Tickets are \$10. The next two open mic events are on Sept. 29 and Oct. 13. For tickets and information, visit ArtsGarage.org.

conservationist at the Institute for Regional

Conservation.

Homeowners are among the biggest winners.

"The benefits to the homeowner include saving money by using fewer pesticides and fertilizers and conserving water. Native plants require less maintenance, increase wildlife viewing and are more resilient to hurricanes," Gann said.

Anyone can choose native plants for their yard with the information found in "Natives for Your Neighborhood." The institute's free online tool lists all types of greenery, organized by ZIP codes. Locating one plant to fill a gap or creating an authentic habitat is just a keystroke away.

"It's designed so a person with no background on native plants can find useful information and lead to further research," Gann said.

A search by ZIP code pulls up scores of possibilities. Many on the list have notations to distinguish plants that are readily available from hard-to-find choices. An advanced search option gives light preference, soil, form, drought tolerance, fruit, wildlife attractant and flowering choices.

A wildlife search shows butterflies and the plants that attract them. A habitat search explores large-scale gardening. It's useful for ecological restoration projects.

For a regional website, "Natives for Your Neighborhood" is popular with 10,000 page views per week. But it's underutilized in Palm Beach County, since the institute moved to Delray Beach from Miami two years ago.

"We have four times as many users in Miami-Dade," Gann said. He's also working to bridge the gap between the consumer and supplier.

Jeff Nurge, owner of Native Choice Nursery in Boynton Beach, said he sees customers who have a desire to bring nature into their yard or be environmentally friendly.

"Nothing attracts butterflies better than native plants," said Nurge, also a guest columnist for Forum Publishing Group.

At his nursery, he'll advise novices on the right species for their space. He also takes requests for lesser-known plants and often makes a match when a wholesaler has a rare find.

Gann invites nurseries and landscapers to join the site's "Find Native Plants" listing.

"I hope to expand the list so no matter where you are in South Florida, you can go to the website and find native plants in your area and vendors that have the plants for sale," Gann said.

Visit RegionalConservation.org/beta/nfyn.



**A PERFECT MATCH** An example of an ecologically friendly garden planted with native species. SUBMITTED PHOTO



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continued from 1

to build a sidewalk elsewhere in the city.

Commissioners Shelly Petrolia and Mitch Katz said they would like to refund the money. "To me, it has to be returned," Petrolia said.

Katz said he wants to give the money back to avoid any problems. "We messed up," he said. "It's \$60,000. We need to move past this." The rule change will be back for a public hearing and final approval on Oct. 6. It is unclear when commissioners will make a final decision about the money the city already collected.

continued from 19 Arts Garage
Eldar Djangirov Trio

girov Trio plays jazz at 8 p.m. Saturday at Arts Garage, 180 NE First St., Delray Beach. \$25 general admission; \$35 reserved; \$45 premium; \$189 reserved table for six and \$243 premium table of six. 561-450-6357.

Boston's On the Beach The Amber Leigh Band plays at 2 p.m. and The Livesays perform at 9 p.m. at Boston's On The Beach, 40 S. Ocean Blvd. (A1A), Delray Beach. 561-278-3328 or visit BostonsontheBeach-

.com. Cover \$5-\$10. **Cocaine Anonymous** Takes place every Saturday 6-7 p.m. in the Mary Kupferle Fellowship Hall. Unity of Delray Beach, 101 NW 22nd St. Big Book Study and Open discussion meeting. 561-276-5796. Free. Delray Beach Bus Loop Connecting downtown to Delray Marketplace (Lyons Road) the bus loop is on Saturday, from 6-11 p.m. Free trolley service to at least eight participating restaurants/bars, and a drink

card for one free drink at

each venue. Delrav

Beach Center for the

Arts, 51 N. Swinton Ave. http://busloop.org. \$20 pre-pay; \$25 after today; \$35 at check in. 561-243-7922.

#### Harmony Without Borders

Boca Raton-based Imagina Children's Foundation presents a concert event with more than 60 musicians from three countries. Saturday at 7 p.m. at the Delray Beach Center for the Arts/Crest Theatre, 51 N. Swinton Ave., Delray Beach. Tickets are \$25 and \$48; VIP is \$65.

561-243-7922 or visit

continues on 29

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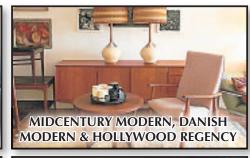
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DELRAY BEACH FORUM WEDNESDAY, SEPTEMBER 23, 2015

DRF

The SYMPHONIA | Boca features: Raton presents summer performances and events and will continue the celebration of its 10th season with four stellar Connoisseur Concert Series performances in Boca Raton as well as two performances in Palm Beach Gardens.

**Upcoming:** 

Oct. 23 at 8 p.m. at the First Presbyterian Church, 2331 N.E. 26th Avenue, Pompano Beach; Oct. 24, 8 p.m. in Miami (venue to be announced), and Oct. 25 at 4 p.m. at the Robert's Theatre, St. Andrews School, 3900 Jog Road, Boca Raton. The Master Chorale of South Florida and The SYMPHONIA | Boca Raton emailing info@thesympresent Mozart's Requiem. Tickets are available at masterchoraleofsouthflori-

da.com.

The 2015-16 Connoisseur Concert Series

**Meet the Orchestra** -10:30 a.m. to noon on Dec. 5, Jan. 9, Feb. 6, March 19. For children. The day before each Connoisseur Concert, families will be given the opportunity to interact with The Symphonia's conductor and musicians and attend a live dress rehearsal at the Roberts Theater at Saint Andrew's School, 3900 Jog Road in Boca Raton. Adults are \$5 and children/nonprofits are free. Children can learn about and hold instruments. Reservations are required and can be made at \$66-687-3848 or by phonia.org.

Box Lunch it with The Symphonia — Dec. 4.

Presented by the Allegro Society. Guests will have an opportunity to listen to a portion of The Symphonia's rehearsal. This insider experience will be followed by a box lunch with Symphonia musicians and guest artists. Conductor Alastair Willis will speak about the

weekend's concert. Dec. 6 - 3 p.m. - Alastair Willis, guest conductor, and Charles Wetherbee, violin soloist, will present a 'Gypsy Airs' Program. The concert will feature Kodaly, Mozart and Beethoven.

Jan. 8 - Conductor David Kim will give a preview of the Sunday concert. He and oboe soloist John Dee will speak about the concerto which will be presented on Jan. 10.

Jan.10 - 3 p.m. David

Kim, Guest Conductor and Violin Soloist, and John Dee as Oboe Soloist will present a 'Celebrate The Seasons' Program. The Symphonia will perform Bach, Pachelbel and Piazzolla.

Feb. 5- Conductor Alexander Platt will speak about the weekend's concert. Piano soloist Alexandre Moutouzkine will provide insights to Faure's 'Ballade' which he will perform on Feb. 7.

Feb. 7-3 p.m. Guest Conductor to be announced and Alexandre Moutouzkine, Piano Soloist, will present a 'From Paris to Prague' Program. The Symphonia will perform Copland, Poulenc, Faure and Mozart.

March 20 at 3 p.m. -Gerard Schwarz, Guest Conductor, and Misha Dichter. Piano Soloist, will present 'A Tribute to the Masters' Program. The Symphonia will perform pieces by Beethoven, Ives and Mendelssohn.

Each Box Lunch It event costs \$35 or all three luncheons for \$100. Tickets available at thesymphonia.org or call 866-687-4201. All season 2015-16 concerts will be at the Roberts Theater at Saint Andrew's School, 3900 Jog Road in Boca Raton.

On the day of each Connoisseur Concert, from 2 to 2:30 p.m., a pre-concert conversation will take place with the conductor or guest speaker, which will be an opportunity to learn more about the pieces that are to be performed that afternoon. There is no charge for concert ticket holders to attend.

Season subscription tickets are \$150 - \$250, depending on seat selection. Series tickets are available at the symphonia.org, 1-866-687-1201 or email tickets@thesymphonia.org. Single ticket purchases will be available online starting Sept. 2. Single are \$45 - \$75, depending on seat selec-

The 2016 Connoisseur **Concerts in Palm Beach Gardens** 

Jan. 9:8 p.m. David Kim, guest conductor and violin soloist and John Dee as oboe soloist will present a 'Celebrate The Seasons' Program. The Symphonia will perform Bach, Pachelbel and Piazzolla.

March 22:8:00 p.m. Gerard Schwarz.

continues on 29

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11am - 11:45am

**Reduce Stress, Pain and Body Fat. Simple Solutions!** Deborah Paiva, BCC (Board Certified Coach)

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### **SHOWS**

New On Sale

Gwar With Born of Osiris, Battlecross 7:45 pm Nov. 27. Revolution Live. \$20-\$31.25.

Kansas 8 pm Dec. 4. Parker Playĥouse. \$48-\$88.50.

Sebastian 8 pm Jan. 9. Broward Amaturo. \$32.50-\$50.15

Coming Up

Nick Jonas 7:30 pm Sept. 27. Fillmore. \$38.50-\$106.

Kraftwerk 8 pm (sold out) & 11:30 pm (added) Sept. 29. Olympia Theater at Gusman Center.

Collective Soul 7 pm Oct. 1. Revolution Live. \$29.50, \$42.50.

alt-j With San Fermin 8 pm Oct. 1. Bayfront Park, 301 N. Biscavne Blvd.

Marc Anthony 8 pm Oct. 2 & 3. AA Arena. \$61-\$227.75.

**Oddball Comedy Fest** With Aziz Ansari, Amy Schumer 5 pm Oct. 2. Perfect Vodka Amphitheatre. \$18.75-\$118.80.

**Brad Paisley** With Justin Moore, Mickey Guyton Oct. 3. Perfect Vodka Amphitheatre. \$19.75-\$76.25.

D'Angelo & The Vanguard 9 pm Oct. 6. Fillmore. \$59.50-\$119.

Ani DiFranco 7:30 pm Oct. 6. Culture Room. \$25. \$32.10.

**Blood, Sweat & Tears** With Three Dog Night's Chuck Negron of, Mark Farner 7 pm Oct. 8. Pompano Beach Amphitheatre, 1801 NE 6th St. Ticketmaster. \$28-\$73.20.

III Points Music, Art & Technology Festival With King Krule, Warpaint, Panda Bear, Run the Jewels, Damian Lazarus & the Ancient Moons, AlunaGeorge, Unknown Mortal

Orchestra, Spooky Black, DJ Nicolas Jaar. electronic music, dance, performance art Oct. 9-11. Mana Wynwood. 3-day pass

John Cleese & Eric Idle 7:30 pm Oct. 10. Fillmore. \$59.50+.

Walk the Moon 8 pm Oct. 13. Fillmore. \$29.50-\$58.

Buddy Guy 8 pm Oct. 15. Hard Rock Live. \$30-\$64.85.

Zedd With Dillon Francis, Alex Metric 7 pm Oct. 16. Bayfront Park. \$40, \$54.75.

Juan Gabriel 9 pm Oct. 16. AA Arena. \$65-\$285.35.

Alvin and the Chipmunks: Live on Stage! 3 & 7 pm Oct. 16. Arsht Ziff. \$29-\$49.

Korn With Suicide Silence, Islander 8 pm Oct. 16. Fillmore. \$49.50-\$84.75.

Cheap Trick 8 pm Oct. 22. Hard Rock Live. \$30-\$64.85.

Warren Haynes 8 pm Oct. 22. Fillmore. \$29.50-\$52.50.

**Rob Thomas** 8 pm Oct. 23. Hard Rock Live. \$55-\$92.70.

Ricky Martin 8 pm Oct. 24. AA Arena. \$23-\$148.45.

Jason Aldean With Cole Swindell. Tyler Farr 7:30 pm Oct. 24. Perfect Vodka Amphitheatre. \$25.50-\$87.70.

Ricky Martin 8 pm Oct. 24. AA Arena. \$23-\$148.45.

**Taylor Swift** 7:30 pm Oct. 27. AA Arena. \$36.50-\$223.80.

Margaret Cho 8 pm Oct. 30. Fillmore. \$29.50-\$63.

Bill O'Reilly/Dennis Miller 7:30 pm Nov. 7.

Hard Rock Live. \$65-\$143.70.

**Chance the Rapper** 8 pm Nov. 7. Fillmore. \$37.50-\$61.

**America and Threee** Dog Night 8 pm Nov. 12. Hard Rock Live. \$40-\$75.10.

Jason Derulo 8 pm Nov. 13. Hard Rock Live. \$40-\$82.45.

Zac Brown Band 7 pm Nov. 15. Perfect Vodka Amphitheatre. \$27.50-\$101.30.

George Winston 8 pm Nov. 19. Delray Beach Center for the Arts. \$55, \$77.

Daryl Hall and John Oates 8 pm Nov. 28. Hard Rock Live. \$50-\$97.85.

Craig Ferguson 8 pm Dec. 3. Fillmore. \$35-\$74.50.

**Juanes** 7:30 pm Dec. 4. AA Arena. \$40.50-\$118.30.

Michael McDonald 8 pm Dec. 17. Hard Rock Live. \$25-\$60.90.

Peter Yarrow 8 pm Jan. 14. Delray Beach Center for the Arts. \$55, \$77.

Women of Faith Jan. 29-30. BB&T Center. \$99-\$223.

Colin Hay 8 pm Jan. 29. Parker Playhouse. \$27.50-\$58.41.

Tom Rush 8 pm Feb. 10. Delray Beach Center for the Arts. \$55, \$77.

Gary Clark Jr. 8:30 pm Feb. 19. Fillmore. \$36.50-\$62.

Roger McGuinn 8 pm March 11. Delray Beach Center for the Arts. \$55, \$77.

Rescheduled

Iggy Azalea With Nick Jonas, Tinashe. 7:30 pm Oct. 17 at AA Arena. \$39.50-\$86.15.

Madonna 8 pm Jan. 23 & 24. AA Arena. \$40-\$386.60.









guest conductor, and Misha Dichter, piano

soloist, will present 'A Tribute to the Masters' Program. The Symphonia will perform Beethoven, Ives and Mendelssohn.

The Palm Beach Gardens Concerts will take place at the Eissey Campus Theatre, 11051 Campus Drive, Palm Beach

Gardens. For ticket information, contact the ticket office at 561-207-5900, or email fabera@palmbeach state.edu.

#### continued from 22

DelrayArts Pickle Ball Combines

tennis, badminton, table tennis and racquetball for great exercise for men and women of all ages. Noon-3 p.m. Saturdays at the Delray Beach Community Center gym, 50 NW First Ave., Delray Beach. Dates may change due to scheduling conflicts. Paddles and balls are supplied. 561-499-2020. Sado: The Way of Tea **Demonstration** Study the traditional art

of sado, "The Way of

Tea." Noon, 1, 2 and 3 p.m. on Saturday at Morikami Museum and Japanese Gardens, 4000 Morikami Park Road, Delray Beach. 561-495-0233, ext. 210. Cost is \$5 with museum admission. **Taste History Culinary** 

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private tours available. Reservations and prepayment required. \$50/person; children under age 14 free. 561-243-2662. Visit tastehistoryculinarytours.org or email to tour@tastehistoryculinarytours

The Writer's Studio Weekly morning writer's program at 10 a.m. Saturday at the Delray Beach Public Library, 100 W. Atlantic Ave.. Delray Beach. Call Howard Gleichenhaus

continues on 30

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561-638-7251. Free.

**Sunday** 

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Boston's On the Beach

Crazy Fingers, a Grateful Dead tribute band, plays from 7:30 p.m. to 11 p.m. each Sunday. Boston's on the Beach, 40 S. Ocean Blvd. (A1A), Delray Beach. 561-278-3364 or visit BostonsontheBeach-.com. Cover \$5-\$10.

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#### **Monday 28**

**ACBL Sanctioned Du**plicate Bridge

Sanctioned ACBL duplicate bridge games are held Monday through Thursday at 12:30 p.m., and Sunday at 1 p.m. at Temple Sinai, 2475 W. Atlantic Ave., Delray Beach. Lunch included. Frequent special games with extra master points. 561-276-8071. The cost is

#### **Arthritis Foundation** Life Improvement Pro-

Chair Yoga for all ages on Mondays, 8:30-9:30 a.m., at Veterans Park, 802 NE 1st St., Delray Beach. Developed by Arthritis Foundation. Low impact. Gentle range of motion exercises. 561-243-7350.

Boston's On the Beach Reggae Night at Boston's on the Beach, 40 S. Ocean Blvd. (A1A), Delray Beach. 9 p.m. All night drink specials, no cover for ladies and \$5 bottomless Bacardi drinks from 9-11 p.m. 561-278-3364 or visit BostonsontheBeach-.com. Cover \$5 – no cover for college students with

Chi Kung & Meditation For all ages, this program balances body, mind and spirit. 11 a.m.-noon Mondays at Veterans Park, 802 NE 1st St., Delray Beach. Instructor is Ken Marx. 561-243-7350. \$15 residents; \$16 non-residents.

**Crafting With Spirit** Classes with Rev. Hallie. 7-9 p.m. Mondays at the Kupferle Fellowship Hall at Unity of Delray, 101 NW 22nd St., Delray Beach. 561-276-5796. **Crest Theater Gallery** 

Exhibit 2015 Juried Fine Art by Delray Art League members. 51 N. Swinton Ave., Delray Beach. Weekdays 8 a.m.-5 p.m. Visit http:// delrayartleague.com. **Empowerment Zone** 

Patrons receive help with job searches, resume writing and access to E-Government services. Open 1-4:30 p.m. Mondays at Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. Creole-speaking volunteer on site on Saturday. 561-266-0194. Free.

**Got Gaming?** 

Test your skills against the competition Mondays at 5:15 p.m. at the Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. Presented by Young Adult Librarian Loanis Menendez-Cuesta. 561-266-0789. Free.

**Insulin Dependent Dia**betic Support Group Learn more about diabetes and how to live successfully with the disease from educated moderators and fellow sufferers. 7 p.m., the third Monday of the month. For Type 2, Type 1 and pump users, this group meets at the front cafeteria at the Delray Medical Center. 5352 Linton Blvd. 561-731-4321. Free.

Pickle Ball - Indoors A combination of tennis. badminton, table tennis and racquetball. Sessions are Monday through Friday, 9-11:30 a.m., and 1-4 p.m. Saturday at Pompey Park Reck Center Gym, 1101 NW Second Ave., Delray Beach. Paddles and balls supplied. Free lesson on Thursdays at 9:15 a.m. Sneakers required. 561-243-7359. \$2.

**School of Creative Arts Student Showcase** A multi-media exhibit

showcasing drawings, paintings, collage, mixed media and phots by adult and youth students. Monday though Friday, 9:30 a.m.-4:30 p.m. Runs

through Nov. 2 at the Crest Theatre Galleries. 51 N. Swinton Ave., Delray Beach. Free admission. 561-243-7922.

Tai Chi

For all ages, this program balances body, mind and spirit. 10-11 a.m. Mondays at Veterans Park, 802 NE 1st St., Delray Beach. Instructor is Ken Marx. 561-243-7350. \$15 residents; \$16 non-residents. Temple Sinai Library If you love to read, take advantage of Temple Sinai Library's vearround book sale that takes place 10 a.m.-1 p.m. Monday through Thursday each week. The selections includes fiction, non-fiction, Judaica and many more. Temple Sinai, 2475 W. Atlantic Ave., Delray Beach. 561-276-6161.

#### Type 1 and 2 Pump Users

This support group meets at 7 p.m. on Monday in the front cafeteria of Delray Medical Center 5352 Linton Blvd. For information call Todd Simmons at 561-731-4321. Free.

#### **Tuesday 29**

**Alcoholics Anonymous Meetings** 

Take place at 7:30 p.m. Tuesdays and 5:30 p.m. Wednesdays at the Mary Kupferle Fellowship Hall. Unity of Delray Beach, 101 NW 22nd St. 561-276-5796. Free.

Alzheimer's Caregiver **Support Group** 

Meets every fourth Tuesday from 6-7:30 p.m. at Hagen Ranch Road Library, 14350 Hagen Ranch Road, Delray Beach. Free. For information, call Alina Aiken at 954-588-1967.

**Boca Scrabble Club** An official club of the North American Scrabble **Players** 

Association, the local club holds

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games each Tuesday on the second floor of the

Veranda Club, 6061 Palmetto Circle South (south of Powerline/Jog Road, off Palmetto Circle North). Prizes and refreshments. Call Elaine Adams at 561-409-2335; Hope Fox at 561-865-4942 or Jill Moreines at 561-499-3508. \$2 for three games.

#### **Chess Club**

Join others enthusiasts for a challenging game. All levels welcome. Tuesdays from noon to 4 p.m. at Veterans Park, 802 NE 1st St., Delray Beach. For adults. Call 561-243-7350. \$20 residents; \$25 nonresidents.

**Church of the Palms Discussion Group** 

Current events, both domestic and international, are discussed

every Tuesday from 10:30 a.m. to noon at the Church of the Palms. 1960 N. Swinton Ave.. Delray Beach. 561-391-9690. \$2 dona-

#### Line Dance with Roz and Nat

This program takes place 1:30-2:30 p.m. Tuesdays at Veterans Park, 802 NE 1st St., Delray Beach. For adults only. Learn new dances with all types of music from Latin, top 40, and country, to oldies and hip-hop. All dancers welcome, including beginners. 561-243-7350. \$5.

**Poetry Workshop** Award-winning poet Stacie M. Kiner discusses the world's finest contemporary and classic poetry. 2:30-4 p.m. Tuesdays at the Hagen Ranch Road Library, 14350 Hagen Ranch Road, Delray

Beach. 561-894-7500.

Free.

#### **Pickleball**

The combination of badminton, tennis, racquetball and table tennis is played 9 a.m.-1 p.m. Tuesdays (intermediate), and Thursdays and Fridays (advanced), at the Delray Beach Community Center, 50 NW 1st Ave., Delray Beach. Wear tennis sneakers. 561-243-7250.

#### **Spanish in Practice: Intermediate**

Practice speaking Spanish in conversation about food, travel, news and more. An intermediate knowledge of the language required. Tuesdays at 3:30 p.m. Hagen Ranch Road Branch Library, 14350 Hagen Ranch Road, Delray Beach. 561-894-

7500. Free. Zumba Gold

continues on 34



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## Warm up the sukkah with soup

soup season in our family. I love to start each evening Yom tov meal with a warm and soothing soup. For daytime meals when it's warm outside, I may make Chilled Mango Curry Soup or White Grape Gazpacho Soup.

Garnish creatively with fall ingredients: toasted pumpkin seeds, thick rustic croutons, or a lemon slice

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#### **CREAM OF WILD MUSHROOM SOUP**

Serves 6

This soup is smooth, creamy and really decadent. You can make it either pareve or even better as a dairy soup. This one is adapted from an Ina Garten recipe.

5 oz. fresh shiitake mushrooms

5 oz. fresh portobello mushrooms

5 oz. fresh cremini (or porcini) mushrooms

1 tbsp. olive oil

1 stick plus 1 tbsp. unsalted margarine or butter, divided

1 c. chopped yellow onion

1 carrot, chopped

1 sprig fresh thyme plus 1 tsp. minced thyme leaves, divided

Kosher salt

Freshly ground black

2 c. chopped leeks, white and light green parts (2 leeks)

1/4 c. all-purpose flour

1 c. dry white wine 1 c. vanilla soymilk or

pareve milk or half-andhalf

1 c. pareve whipping cream or heavy cream

1/2 c. minced fresh flatleaf parsley

Separate the mushroom stems, trim off any bad

ukkot kicks off the parts, and coarsely chop the stems. Slice the mushroom caps 1/4-inch thick and, if there are big, cut them into bite-sized pieces. Set aside.

> To make the stock, heat the olive oil and 1 tbsp. of the margarine/butter in a large pot. Add the chopped mushroom stems, the onion, carrot, the sprig of thyme, 1 tsp. salt, and 1/2 tsp. pepper and cook over medium-low heat for 10 to 15 minutes, until the vegetables are soft. Add 6 c. water, bring to a boil, reduce the heat, and simmer uncovered for 30 minutes. Strain, reserving the liquid. You should have about 4 1/ 2 c. of stock. If not, add some water.

> Meanwhile, in another large pot, heat the remaining stick of margarine/butter and add the leeks. Cook over low heat for 15 to 20minutes, until the leeks begin to brown. Add the sliced mushroom caps and cook for 10 minutes, or until they are browned and tender. Add the flour and cook for 1 minute. Add the white wine and stir for another minute, scraping the bottom of the pot. Add the mushroom stock, minced thyme leaves, 11/2 tsp. salt, and 1 tsp. pepper and bring to a boil. Reduce the heat and simmer for 15 minutes. Add the soymilk or halfand-half, pareve cream or cream, and parsley, season with salt and pepper, to taste, and heat through but do not boil. Serve hot.



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dance music and includes Salsa. Flamenco and Merengue to improve health, balance, memory and posture. Tuesdays from 3 to 4 p.m. at Veterans Park, 802 NE 1st St., Delray Beach. Instructor is Ellyn Jonas. 561-243-7350. \$5 residents; \$6 non-resi-

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#### **Upcoming**

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#### Art of Bonsai: Intermediate

A five-week session of classes from noon-3 p.m. on Oct. 4. 11. 18. 25 and Nov. 1 at the Morikami Museum and Japanese Gardens, 4000 Morikami Park Road, Delray Beach. Students explore new techniques to artfully train and trim their own trees. Students are asked to bring their own tree. Non-members \$91; Members \$81. Advance registration required. 561-495-0233.

**AVDA Race for Hope** The annual AVDA (Aid to Victims of Domestic Abuse) Race for Hope takes place on Saturday, Oct. 10 at Anchor Park, 340 S. Ocean Blvd. Walkers and runners are welcome. Teams or individuals raising the most money will be given prizes. Festivities include music and awards. Pancake House sponsors a breakfast for participants and sponsors. ink to register is avdaonline.org. \$10-\$30/person; After October 5 cost is \$10-\$35. Cats of Mirikitani

This award-winning documentary will be shown at 11 a.m. and 2 p.m. on Wednesday, Oct. 21. It tells the story of artist Jimmy Mirikitani and the trauma of internment camps in WWII. the bombing of Hiroshima and homelessness on the streets of New York City. Morikami Museum and Japanese Gardens, 4000 Morikami Park Road, Delray Beach. 561-495-0233.

Deadline to receive calendar announcements is 14 days prior to publication. Announcements can be sent via email to: calendar@tribpub.com or via mail to: Delray Beach Forum/Calendar, Forum Publishing Group, 6501 Nob Hill Road, Tamarac, FL 33321. Please provide start and end dates to all submissions that are ongoing.

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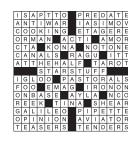
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